



Treatment Methods for Kidney Failure

HEMODIALYSIS



NATIONAL INSTITUTES OF HEALTH

National Institute of Diabetes and Digestive and Kidney Diseases

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When Your Kidneys Fail

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How Hemodialysis Works

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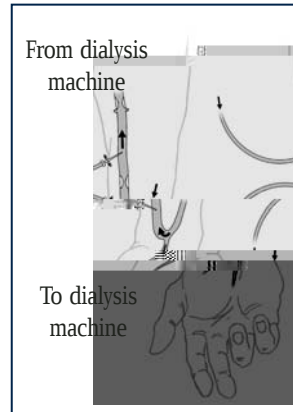
Adjusting to Changes

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Getting Your Vascular Access Ready

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Vascular Access for Hemodialysis.



Arteriovenous fistula.

Equipment and Procedures

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Dialysis Machine

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Dialyzer

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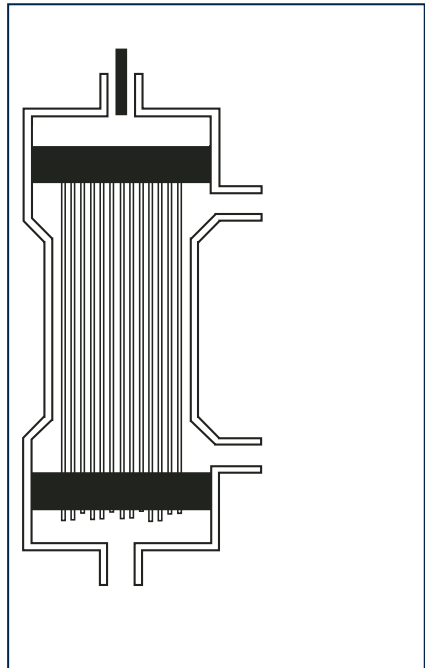
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Structure of a typical hollow fiber dialyzer.

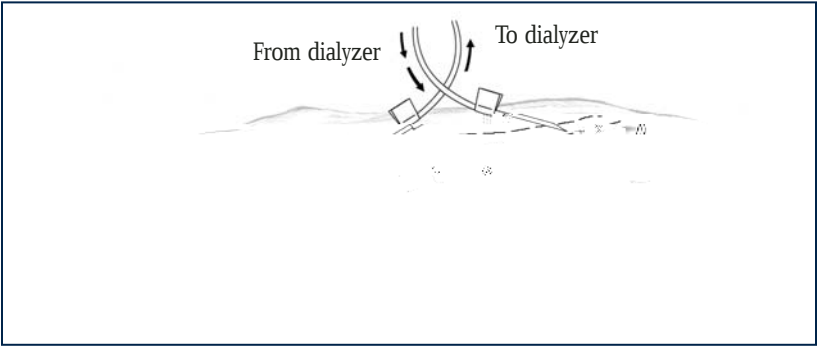
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Dialysis Solution

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Needles

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Arterial and venous needles.

Hemodialysis Dose and Adequacy.



Conditions Related to Kidney Failure and Their Treatments

Amyloidosis

There are several types of amyloidosis, each with different symptoms and treatments. The most common type is AL amyloidosis, which is caused by a buildup of abnormal protein in the organs. Other types include AA amyloidosis, which is caused by a chronic inflammatory condition, and A₂ amyloidosis, which is caused by a rare genetic mutation. The symptoms of amyloidosis can vary depending on the type and the organs affected. Common symptoms include weakness, weight loss, and changes in the skin, heart, and kidneys.

Amyloidosis and Kidney Disease.

How Diet Can Help

Diet can play a role in managing amyloidosis and kidney disease. A healthy diet can help reduce inflammation and improve overall health. For people with kidney disease, a diet low in sodium and protein can help slow the progression of the disease. For people with amyloidosis, a diet rich in antioxidants and omega-3 fatty acids may help reduce the risk of complications. It is important to work with a healthcare provider to develop a diet plan that is tailored to your specific needs.

Fluids.

Fluids are essential for maintaining healthy kidneys. People with kidney disease may need to limit their fluid intake to prevent fluid overload. However, it is important to drink enough fluids to stay hydrated. A diet rich in water-containing foods, such as fruits and vegetables, can help increase fluid intake. It is important to consult with a healthcare provider to determine the appropriate fluid intake for your condition.

Potassium.

Potassium is an essential mineral that helps regulate blood pressure and heart function. People with kidney disease may need to limit their potassium intake to prevent hyperkalemia, a condition characterized by high levels of potassium in the blood. However, it is important to get enough potassium to maintain healthy bones and muscles. A diet rich in potassium-containing foods, such as bananas, oranges, and leafy greens, can help increase potassium intake. It is important to consult with a healthcare provider to determine the appropriate potassium intake for your condition.

Financial Issues

Financial Help for treatment of Kidney Failure.

Hope Through Research

The End-Stage Renal Disease Program)

The HEMO Study,) 00 ,

The U.S. Renal Data System (USRDS)

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The Hemodialysis Vascular Access Clinical Trials Consortium

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Resources

Organizations That Can Help

American Association of Kidney Patients

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American Kidney Fund

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Life Options Rehabilitation Program

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National Kidney Foundation, Inc.

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Additional Reading

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Acknowledgments

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About the Kidney Failure Series

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Eat Right to Feel Right on Hemodialysis

- *Kidney Failure: Choosing a treatment that's right for You*
- *Kidney Failure Glossary*
- *treatment Methods for Kidney Failure: Hemodialysis*
- *treatment Methods for Kidney Failure: Peritoneal Dialysis*
- *treatment Methods for Kidney Failure: transplantation*

Amyloidosis and Kidney Disease

- *Anemia in Kidney Disease and Dialysis*
- *Financial Help for treatment of Kidney Failure*
- *Hemodialysis Dose and Adequacy*
- *Kidney Failure: What to Expect*
- *Peritoneal Dialysis Dose and Adequacy*
- *renal osteodystrophy*
- *Vascular Access for Hemodialysis*

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www.kidney.niddk.nih.gov/kidneydiseases/pubs/kidneyfailure/index.htm.

National Kidney and Urologic Diseases Information Clearinghouse

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U.S. Department of Health and Human Services
National Institutes of Health

